



COVID-19 and Trauma-Informed Care

Collective Trauma 101

Video Training



2 Video Segments

#1: Collective Trauma 101 – Definitions & General Information

#2: Collective Trauma 101 – Strategies for Coping

Access the training:

<https://children.wi.gov/Pages/CollectiveImpactTeams/CollectiveTraumaTraining.aspx>

Video Segments Include:

- Expert panel discussion.
- Each segment is under 30 minutes in length.
- Accompanied by a Training Toolkit with discussion questions and resources.
- Ideal for staff training in one hour. View the video as a team and then discuss the questions in the Training Toolkit.



Panel participants:

- **Jennifer Smith** (panel facilitator), Program Coordinator for the Center for Community Health Advancement at the Marshfield Clinic Health System
- **Samia Khan**, Therapist at Whole Hearted Wellness
- **Tracy Loken Weber**, Lived Experience Partner with the Office of Children's Mental Health
- **Scott Webb**, Trauma-Informed Care Coordinator for the Wisconsin Department of Health Services

Learn from the panel what collective trauma is, how the trauma of COVID-19 has impacted children, how to recognize signs of this impact, when someone should seek professional help, coping strategies, and more.

The videos are produced by the [Office of Children's Mental Health](#) Trauma-Informed Care Collective Impact Team. The Team has held many successful trauma-informed care workshops in the past and has pivoted to providing on-demand video trainings on relevant trauma-informed care topics to further the workforces' learning in trauma-informed care.